

Checklists



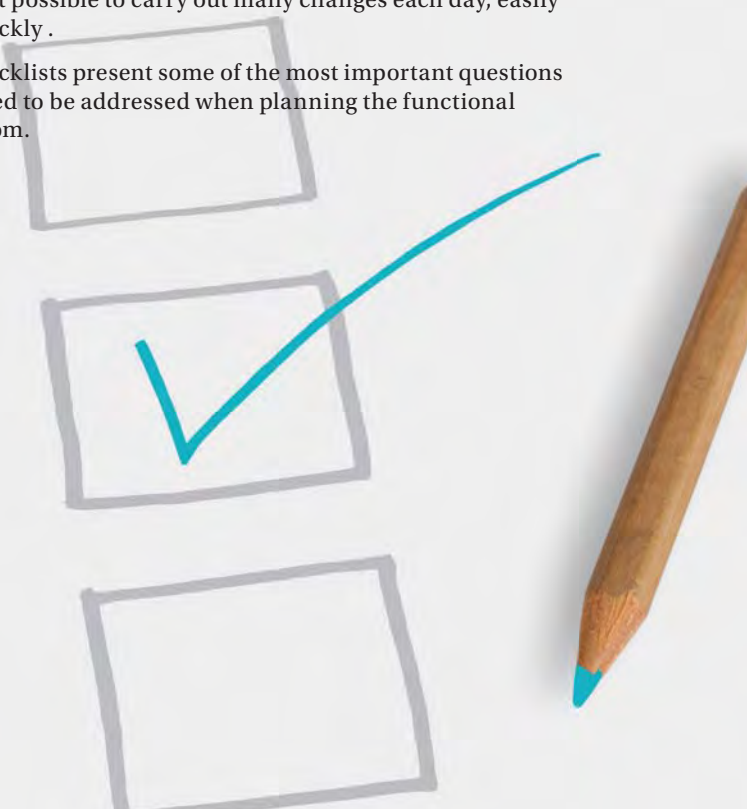
Project planning

The key to a functional bathroom is a systematic assessment of the room's possibilities and the needs of both the user and carer. This requires a careful review of space requirements, turning space and the individual functions at the wash basin, toilet and in the shower area.

All the different factors that have to be considered at the planning stage may seem overwhelming and confusing. However, taking a systematic approach facilitates the process.

The first distinction is between one or several users. In the case of a single user, the layout must be adapted to take account of both current and future physical capabilities. In the case of several users, even more flexibility is required. It is crucial that the way in which such a room is fitted out makes it possible to carry out many changes each day, easily and quickly.

The checklists present some of the most important questions that need to be addressed when planning the functional bathroom.



User

- Is the user a child or an adult, frail or heavy, independent or dependent?
- Is the user standing, seated or lying down?
- Does the user use a walking stick, a wheelchair or large mobility aids?
- Is the user's impaired mobility the result of an accident, age or illness?
- Is the situation stable, or is the user suffering from a progressive disease?
- How self-reliant is the user at the wash basin, the toilet and in the shower?
- Is the user fully rehabilitated?
- Is the user right or left-handed?
- Can the flexibility of the products improve the user's independence?

The carer

- Are one or more carers necessary?
- Has the fact that a user with a carer requires more space been taken into account?
- Are there rules or legislation relating to space and working conditions which must be observed?
- Which mobility aids and transfer methods are used?
- What are the patterns of movement and the work situation like at the wash basin, the toilet and in the shower area?
- Is the carer right or left-handed?
- Can the flexibility of the products improve the carer's working conditions?



The room

- Will the room be used by one user or by several different users?
- Is the building a private home, an institution, a hospital, a hotel or a holiday resort?
- Is space required for mobility aids such as wheelchairs, mobile hoist, ceiling hoist etc.?
- Is it necessary to assist with transfers in the room or are the users independent?
- Does the room meet applicable legal requirements and standards with respect to bathrooms for people with reduced mobility?
- Are there any spatial and constructional constraints such as room size and shape, installations, waste pipes, pillars, doors etc.?
- How are the bathroom and bedroom positioned in relation to one another, and vis-à-vis any other rooms?
- Is the bathroom fitted out with respect for the user's and the carer's dignity and integrity?